



2017

1. DESCRIPTION OF ADULT PROGRAMS

The Adult Programs are personalised programs for players seeking to enjoy this wonderful sport in a relaxed atmosphere, having fun in a great city like Barcelona.

The player may choose a program according to the length of the desired stay and the interest in also participating in the physical preparation program.

Training is carried out by the Sánchez-Casal Academy technical staff in groups of maximum 4 players per coach and court. Adult programs offer players the possibility to train with the world's top professionals, over weekly periods.

The following three options are available for the Adult Programs:

WEEKLY PROGRAMS (Monday to Friday)

- BRONZE WEEKLY PROGRAM
 - Monday to Friday 2 hours of Tennis Training on court
- GOLD WEEKLY PROGRAM
 - Monday to Friday 2 hours of Tennis Training on court
 - Monday to Friday 1 hour of Personal Physical Training

WEEKEND PROGRAMS (Friday, Saturday and Sunday)

- SILVER WEEKEND PROGRAM
 - 2 hours daily of Tennis Training on court Friday afternoons.
 - 2 hours daily of Tennis Training on court Saturday and Sunday mornings.
- GOLD WEEKEND PROGRAM
 - 2 hours of Tennis Training on court Friday
 - 4 hours of Tennis Training on court Saturday and Sunday
 - 1 hour Physical Training on Friday

ONE DAY PROGRAM (Monday to Friday)

- 2 hours of Tennis Training on court

2. PROGRAM CONTENTS

The Tennis Programs Include:

- Level Evaluation and Player Placement in a group of 4 players maximum.
- Court Training:
 - Work with ball cubes
 - Correction of basic shots
 - Training in real match situations
- Individualized Report
 - Analysis of Game Pattern
 - Conclusions and Suggestions

The Physical Conditioning plans include:

- The player will be able to choose one of the following "packs" to work with a personal trainer during the week in 1-hour daily sessions:
 - Physical conditioning specifically for tennis
 - Integral physical and injury prevention plan for common tennis injuries such as: knee-ankle, shoulder-elbow, back.
 - Elaboration of a basic routine, to work individually.

3. TIMETABLES

The Adult Tennis programs are carried out from Monday to Friday in the morning or afternoon, depending on the Academy's time availability.

The programs usually take place in the morning during the Winter Season (September to June) and in the afternoon in the Summer Season (end of June, July and August)

Registration is accepted during any time of the year.

4. REGISTRATION AND PAYMENT METHODS

Registration for the program will be formalized by:

- Completing and sending the registration form, (that will be provided by the Admissions Department once availability is confirmed) signed by the player.
- Payment for the entire program a month prior to the start of the program.

The registration process will not be finalized until both the requirements listed above are met. Payments can be made by credit card or by bank transfers (if done by bank transfer, the bank commissions are to be paid by the sender).

The registration is considered effective for the full duration of the program. Therefore, once the program has started, anyone who wishes to terminate the program before the official final date, must refer to our "cancellation policy".

5. WEEKLY PRICES

PROGRAMS	Prices
Gold Weekly Program (1 Week)	875 €
Bronze Weekly Program (1 Week)	580 €
Gold Week-End Program (3 Days)	610 €
Silver Week-End Program (3 Days)	360 €
One Day Program	130 €

(VAT Included)

6. INCLUDED IN THE WEEKLY ADULT PROGRAM

- Tennis and Physical Training*
- Club Membership**
**Physical Training depends on the program*
***Allows use of all club facilities*

7. OTHERS SERVICES NOT INCLUDED

Video Analysis

Coaches use player's video analysis as part of the training system, not only to correct the technique but also to work on tactical aspects for competition.

Language Program

The tennis programs can be combined with private language instruction (English or Spanish Language).

Massage

Private Tennis Lessons

Private Fitness Lessons

8. CANCELLATION POLICY

If the cancellation is received prior to the start of the program and the full amount is already paid, the 25% of the first week will not be refunded. However, the rest of the amount will be refunded or can be used at another period of time.

If due to circumstances beyond control the player must leave the Academy without having completed the program, the Academy will determine if it provides a refund to the player for the part of the period paid for and not consumed, which in any case will not be greater than 75% of the same period.

If there is a cancellation at the beginning or middle of the week, the money for that week will not be refunded.

9. LODGING

The Academy offers new bungalow-apartments for adults on campus. Please contact the Admission Department for more information and reservations.

